



Birthday Celebration Food Guideline

Approved by:

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Chairwoman

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Revision History

Revision Date	Version Number	Revised By	Signature
10/06/2026	01	Eva Sanchez Castillo Principal	



1. Introduction

This guideline establishes the requirements for food items brought by students during birthday celebrations and classroom events to ensure compliance with school nutrition and food safety standards.

2. Purpose

The purpose of this guideline is to promote healthy celebrations while minimizing food safety risks, allergen exposure, and non-compliant food consumption.

3. Scope

This guideline applies to all students, parents, teachers, and staff involved in classroom birthday celebrations or similar activities involving food sharing.

4. Roles and Responsibilities

Parents: Ensure all food brought to school complies with school policy.

Teachers: Monitor classroom celebrations and verify compliance.

HSE Officer: Provide guidance and investigate food-related incidents.

Students: Follow food sharing and healthy eating expectations.

School Administration: Support implementation and enforcement.

5. Approved Food Items

Permitted food items should:

- Be healthy and balanced.
- Avoid Red List items.
- Be halal-compliant.
- Include ingredient and allergen information where possible.
- Preferably include fruits, healthy snacks, or low-sugar alternatives.

6. Prohibited Food Items

The following are prohibited:

- Soft drinks and energy drinks
- Deep-fried food items
- Excessively sugary cakes, sweets, and candies
- Processed meat products
- Non-halal food items
- Homemade items containing unidentified allergens

7. Food Sharing Requirements

Food sharing during birthday celebrations may only occur under teacher supervision and after





allergen considerations have been reviewed. Food must be individually packed or hygienically served.

8. Allergy and Food Safety Controls

Parents must notify the school of any allergies. Teachers must verify known allergy risks before allowing food distribution. Any suspected allergic reaction must be managed immediately according to school emergency procedures.

9. Legal Requirements

This guideline aligns with:

- ADEK School Food and Nutrition Policy v1.2
- Abu Dhabi Guideline for Unified School Nutrition and Food Safety (ADG2)
- UAE food safety and public health requirements

10. Non-Conformance or Non-Compliance

Non-compliant food items may be removed or returned home. Repeated violations may result in parent notification, meetings, or restriction of future classroom celebrations.

11. Escalation and Reporting

Food safety incidents, allergen concerns, or repeated non-compliance must be reported to the HSE Officer and School Administration for further review and corrective action.

12. Communication

Parents shall be informed of this guideline at the beginning of each academic year and prior to any classroom celebrations where food will be provided.

13. Review Date

This guideline shall be reviewed annually or earlier if regulations change.

